



**For Immediate Release**

### **WATERDOWN DOC IS GOLDEN IN THE HORSESHOE**

**Hamilton, ON (November 17, 2011)** – A family physician from Waterdown has just been named the Golden Horseshoe Doctor of the Year. Dr. Randy Cross was presented the award by the Ontario Medical Association's District 4 – representing physicians from Niagara Falls to Oakville.

"I've known Dr. Cross for a long time and he is very worthy of this honour", says Dr. Water Owsianik, chair of the Ontario Medical Association (OMA) District 4 and past-president of the Hamilton Academy of Medicine. "He's dedicated to his patients, he works hard and he loves the community."

In addition to having practiced in Waterdown for over 28 years, Dr. Cross held respected positions within Joseph Brant Memorial Hospital in Burlington – chief of the department of family medicine, president of the medical staff and chief of staff. Earlier this year, Dr. Cross was on the executive committee in charge of organizing the long-running Docs on Ice – a charity hockey tournament for Ontario physicians. This year's event raised funds for the Alzheimer's Society of Hamilton and Halton.

"There are so many talented and well-regarded physicians in [District 4], and I am honoured to be named among them", said Dr. Cross. "I plan to continue practicing family medicine for many more years. I love the people and I love my career."

Dr. Cross was presented with the award at the OMA District 4 Annual General Meeting on Wednesday, November 16, at the Royal Botanical Gardens.

The Golden Horseshoe Doctor of the Year Award is presented annually and recognizes OMA members who have provided outstanding service to a community within the District 4 region. The criteria provides that qualifying members will have provided outstanding service to the community both as a physician and a public-spirited citizen, received no previous general recognition by the medical profession for his/her achievements and is a physician practicing in the District 4 region.

- 30 -

Photo includes (from left to right): Dr. Rick Tytus, District 4 director and Hamilton Academy of Medicine (HAM) past-president, Dr. Walter Owsianik, District 4 chair and HAM past-president, and Dr. Randy Cross, Golden Horseshoe Doctor of the Year award winner, family physician and HAM member.

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### **About The Hamilton Academy of Medicine**

The Hamilton Academy of Medicine is a local voluntary professional association funded by physicians for physicians. The Academy binds the medical community of the Greater Hamilton Area, promoting a spirit of cooperation and unity, while meeting the educational, social and political needs of its members. The Academy acts as the territorial branch society of District 4 of the Ontario Medical Association (OMA) providing a full range of programs, services and benefits to assist member physicians.